Alertness encouraged as state enters Phase 2

(Oklahoma City) - As the state of Oklahoma moves into Phase 2, the Oklahoma City-County Health Department (OCCHD) advises the public to remember the virus is still circulating and individuals should continue practicing social distancing and prevention methods to protect themselves and their loved ones from COVID-19.

As individuals consider going to businesses, entertainment venues and/or work, OCCHD strongly encourages masks be worn, staying 6 feet away from others and disinfecting work areas and other commonly touched surfaces multiple times throughout the day.

Unless it is an emergency, to reduce your risk of catching or spreading illness, stay home if you feel sick, even if your symptoms are mild. Do not go to work, or public places, and avoid public transportation.

Businesses operating within Oklahoma City limits should review the proclamation issued by City of Oklahoma City Mayor Holt effective May 15 which outlines activities businesses should undertake to mitigate the spread of COVID-19 among patrons and/or employees.

The U.S. Centers for Disease Control and Prevention (CDC) recently released new guidance for businesses and individuals as some states across the country begin reopening. Guidelines can be found here.