

Physical Activity Organizations	Nutrition Organizations	BOTH
<p>Cleats for Kids (C4K) About this Organization: Gives sports shoes and gear of all types and sizes to young, underserved Oklahoma athletes free of charge.</p> <p>Website: okc.cleatsforkids.org</p> <p>Email: info@cleatsforkids.org</p> <p>Address: 720 W Wilshire Blvd. Suite 120, Oklahoma City, OK 73116</p> <p>Phone number: (405) 418-4889</p>	<p>OSU Extension CNEP About this Organization: Oklahoma County OSU Extension - Community Nutrition Education Programs (CNEP) is a grant funded program that provides free, research-based nutrition education lessons to limited resource families who are eligible to receive SNAP, WIC, or other food assistance programs. CNEP participants are offered weekly lessons to teach families how to plan and prepare healthy meals on a budget, food safety, and other nutrition related topics. Families are also encouraged to increase their physical activity. CNEP is also offered in elementary school classrooms when 50% or more of the students qualify for free or reduced price lunches.</p> <p>Website: humansciences.okstate.edu/fcs/cnep</p> <p>Contact Person: Christi Evans</p> <p>Address: 2500 NE 63rd St, Oklahoma City, OK 73111</p> <p>Phone number: (405)713-1125</p> <p>Email: christi.evans@okstate.edu</p>	<p>ONIE Project About this Organization: The Oklahoma Nutrition Information and Education (ONIE) Project's mission is to improve the health and nutrition of Oklahomans by creating and disseminating nutrition and physical activity information as well as conducting educational activities across the state.</p> <p>Website: www.onieproject.org</p> <p>Email Address: Onie@ouhsc.edu</p> <p>Phone Number: 405-271-1545</p> <p>Address: 801 NE 13th St, OKC, OK 73104</p> <p>Contact Person: Jade Owen</p> <hr/> <p>Boys and Girl Club About this Program: Offers kids and teens a safe place to develop essential skills, make lasting connections and have fun. As a result, Club kids are more likely to:</p> <ul style="list-style-type: none"> • Graduate from high school • Be physically active every day • Volunteer in their communities <p>Website: www.bgcokc.org</p> <p>Address: Several locations in the metro area. Please check website.</p> <p>Phone Number: There are several locations in the metro area. Please check the website.</p> <p>Contact Person: There are several locations in the metro area. Please check the website.</p>
<p>Chain Reaction Ministries About this Organization: A ministry that helps people get around town with bicycles.</p> <p>Address: 3700 N. Walker Ave. OKC, OK 73118</p> <p>Phone number: 405-525-6551</p>		
<p>OKC Parks and Recreation Department About this Organization: City of OKC Department that focuses on parks and trails, athletics, nature and gardening, recreation programs, rentals and permits.</p> <p>Website: okc.gov/parks</p> <p>E-mail Address: parkinfo@okc.gov</p> <p>Phone Number: 405-297-3882</p> <p>Address: 420 W. Main St, Suite 210, OKC, OK 73102</p>		

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<p>Girls on the Run About this Organization: Inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.</p> <p>Email: leslie.littlejohn@girlsontherun.org</p> <p>Website: www.gotrcentralok.org/</p> <p>Address: 720 W. Wilshire Blvd. Suite 101B OKC, OK 73116</p> <p>Phone number: 405-463-0116</p>	<p>Regional Food Bank About this Organization: The food for Health initiative is a strategic effort to improve health outcomes for low-income, high-risk Oklahomans. This collaborative program involves community partners, state and county health departments, and health care facilities. The program combines healthy food distribution, nutrition education and recipe cards. The program also teaches healthcare partners how to identify patients with food insecurity and how to provide referrals to food bank agencies and programs in order to connect patients with healthy food.</p>	<p>Healthy Schools Oklahoma About this Organization: This organization provides funding, curricula, training, evaluation tools and support to participating elementary schools focusing on physical activity, nutrition, injury prevention, tobacco use prevention and oral health education.</p> <p>Website: healthyschoolsok.org Phone Number: 405-606-8435 Address: 500 N. Broadway, suite 225 Oklahoma City, OK 73102</p>
<p>Lifechange Ballroom Dance About this Organization: Builds essential life skills, sportsmanship and positive self-esteem in Oklahoma's at-risk youth through dance and sports.</p> <p>Website: lifechangeballroom.com</p> <p>Email Address: info@lifechangeballroom.com</p>	<p>Contact Person : Jessica Ghafil</p> <p>Email: jsims@regionalfoodbank.org</p> <p>Phone Number:405-600-3169</p> <p>Website: Regionalfoodbank.org</p> <p>Address: 3355 S Purdue Ave, OKC, OK 73137</p>	<p>Diabetes Caucus About this Organization: Advocacy group promoting diabetes education and awareness in Oklahoma.</p> <p>Website: FB Oklahoma Legislative Diabetes Caucus- https://www.facebook.com/oklahomalegislativediabetescaucus/</p> <p>Address: 2300 N Lincoln Blvd, OKC, OK Contact Person: Rita Reeves, OSDH</p>
<p>OKC PAL About this Organization: Provides athletic programs, leadership skills training, and service opportunities to the students and schools involved in their program.</p> <p>Website: www.okcpal.org/home</p> <p>Address: 3816 S. Robinson Ave, OKC, OK 73109</p> <p>Phone Number: 405-632-2240</p>	<p>OSU OKC Farmers Market About this Organization: Year round farmers market with Oklahoma grown produce, meat, and dairy. Other items include skincare and crafts. Located at OSU-OKC on Portland Ave.</p> <p>Website: osuokc.edu/farmersmarket Email: cody.w.yount@osuokc.edu</p> <p>Phone Number: 405-945-3326</p> <p>Address: 400 N Portland Ave, OKC, OK 73107</p> <p>Contact Person: Cody Yount</p>	<p>United Way of Central Oklahoma About this Organization: Committed to improve the health, safety, education and economic well-being of individual families in need in Central Oklahoma by connecting community resources with responsive and accountable health and human services agencies.</p> <p>Website: Unitedwayokc.org E-mail: info@unitedway.org Phone Number: 405-236-8441 Address: 1444 NW 28th St., OKC, OK 73106</p>

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<p>Action-Based Learning About this Organization: Uses brain research to create optimal learning environments resulting in an increase in test scores, better behavior, and more engaged students.</p> <p>Website: www.youthfit.com</p> <p>Email: customerservice@kidsfit.com</p> <p>Phone Number: 843.336.5090</p> <p>Address: 2130 Cainhoy Rd., Huger, SC 29450</p>	<p>Francis Tuttle Culinary Schools About this Organization: The comprehensive culinary arts program offers great opportunities for employment in hotels, and restaurants positions. Cooking methods and advanced skills addressed include: stocks, poultry and seafood cookery, vegetable and starch production, catering, nutrition, menu and facility preparation and food service management.</p> <p>Website: francistuttle.edu</p> <p>Phone Number: 405-717-7799</p> <p>Address: 12777 N Rockwell Ave, OKC, OK 73142</p>	<p>Action for Healthy Kids About this Organization: This organization rallies school professionals, families and communities to take actions that result in healthy eating, physical activity and healthier schools where kids succeed.</p> <p>Website: www.actionforhealthykids.org/what-we-do</p> <p>E-mail Address: Please look at the website to be connected to your department.</p> <p>Address: 600 West Van Buren Street, Suite #720, Chicago, IL 60607</p> <p>Phone Number: 1-800-416-5136</p>
<p>First Serve OKC About this Organization: Strengthens the lives and enhances the character of Oklahoma City youth through tennis and education. The program teaches core values of accountability, self-reliance, diligence, sportsmanship, teamwork, and gratitude.</p> <p>Email: firstserveokc@gmail.com</p> <p>Website: www.firstserveokc.org</p> <p>Address: OKC Tennis Center at Will Rogers Park, 3400 N Portland Ave., OKC, OK 73112</p> <p>Phone Number: (405) 640-3317</p> <p>Contact Person: Emmy Tigert</p>	<p>Platt College Culinary Schools About this Organization: Provides opportunities for students to learn skills to create unique dishes, enticing desserts, tasty pastries and more.</p> <p>Website: plattcolleges.edu/programs/culinary/</p> <p>Phone Number: 1-877-392-6616</p> <p>Address: Multiple campuses. Please check website for more information.</p>	<p>Healthy Futures-OU About this Organization: Offers children and families effective care in a compassionate environment. They provide children and adolescents specialized services and resources to assist them in achieving a healthier lifestyle through a family-centered approach. It is an evidence based intervention to help the entire family adopt and maintain a healthier lifestyle.</p> <p>Website: www.oumedicine.com/oumedicine/emergency-care/pediatric-serv</p> <p>Phone Number: 405-271-1637</p> <p>Address: 1000 Lincoln Blvd., Suite 3200, OKC, OK 73104</p>
<p>Skate Time About this Organization: Provides educators with the equipment and tools needed to get students active through skating.</p> <p>Email: jeanialuber@skatettime.com or tammyvanmeter@skatettime.com</p> <p>Website: skatettime.com/franchise/fra_okla.html</p> <p>Address: P.O. Box 32162, OKC, OK.73123</p> <p>Phone Number: 888-807-5283</p>	<p>American Diabetes Association About this Organization: Works towards preventing and curing diabetes as well as improving the lives of those affected by the disease.</p> <p>Website: http://www.diabetes.org/</p> <p>EmailAddress: askada@diabetes.org</p> <p>Phone Number: 918-492-3839</p> <p>Address: 5401 S. Harvard Ave., Suite 120, Tulsa, OK 74135</p>	

Physical Activity Organizations

YMCA of Greater Oklahoma City

About this organization: The YMCA of Greater Oklahoma City's primary focus is to strengthen the community through youth development, healthy living and social responsibility.

Email: There are several locations in the metro area. Please see website.

Website: ymcaokc.org/programs

Address: There are several locations in the metro area. Please see website.

Phone Number: There are several locations in the metro area. Please see website.

Contact Person: There are several locations in the metro area. Please see website.

OKC Boathouse RIVERSPORT

About this Organization: A project of the Oklahoma City Boathouse Foundation that provides people the opportunity to live a healthy and active lifestyle by offering exciting outdoor urban adventures for the whole family.

Email: info@riversportokc.org

Website: <https://www.riversportokc.org/>

Address: 800 Riversport Dr.,
OKC, OK 73129

Phone Number: 405- 552-4040

Fields and Futures

About this Organization: A non-profit organization serving the Oklahoma City Public Schools by building athletic fields, equipping the districts' coaches with resources and professional development and by providing students with the opportunity to join a team.

Email: info@fieldsandfutures.org

Website: <https://fieldsandfutures.org/about.php>

Address: 7001 NW 164th,
Edmond, OK 73013

Nutrition Organizations

American Heart Association

About this Organization: Responsible for a wide range of organizational efforts that support our mission to build healthier lives free of cardiovascular disease and stroke. Provides public health education in a variety of ways. Also provides science-based treatment guidelines to healthcare professionals to help them provide quality care to their patients. Educates lawmakers, policymakers and the public to advocate for changes to protect and improve the health of communities.

Website: www.heart.org

Email Address: Debbie.Hite@heart.org

Phone Number: 405-415-3030

Address: 3401 NW 63rd St. Suite 200, OKC, OK, 73116

Contact Person: Debbie Hite

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Urban League Of Greater Oklahoma City

About this Organization: Assists African Americans, other minorities and low social economic individuals with achieving social and economic equality.

Website: <https://www.urbanleagueok.org/about/>

Address: 3900 N. Martin Luther King, Jr., Ave., OKC, OK 73111

Phone number: 405-424-5243

INTEGRIS Fit Club

About this Program: Provides free programs such as health screenings, health education, and personal fitness. They have 3 locations. Childcare is provided.

Website: INTEGRISOK.com/resources/network/programs/mens-health/integris-fit-club

Email Addresses:

Mike.Chavez@integrisok.com or
Cathy.Patterson@integrisok.com

Address: There are three locations in the metro area. Please see website.

Contact Person: Mike Chavez or Cathy Peterson

First Serve OKC

About this Program: Promoting healthy lifestyle choices and positive character traits through tennis.

Website: <https://www.firstserveokc.org/programs>

Email Addresses: firstserveokc@gmail.com

Phone number: (405) 640-3317

Address: OKC Tennis Center, 3400 N. Portland Ave, Oklahoma City, OK 73112