LESS THAN 29 WEEKS PREGNANT?
EXPECTING YOUR FIRST CHILD?
CHILDREN FIRST IS HERE FOR YOU!

“My nurse was my connection to community resources, my sounding board and my confidence builder. Having my nurse was like having a motherhood coach. Every new mother deserves a visiting nurse.”
- Former Client

Contact Information
Children First
Oklahoma City-County Health Department
921 NE 23rd Street
Oklahoma City, OK 73105
Phone: 405-419-4106
Fax: 405-425-4413
occhd.org/health/childrenfirst

Children First Referral Information Form

Name ________________________________
Date of birth _________________________
Due date _____________________________
Address ______________________________
City __________________ Zip code ______
Apartment Name ______________________
Phone __________________________________
Alternate phone ________________________

How may Children First contact you?
□ Phone only □ Mail only □ Text □ All
□ Email ________________________________

If you are not home, can the caller leave a message with other people who answer?
□ Yes, anybody or an answering machine.
□ Yes, specific person(s). List first names:
□ No, do not leave a message
Best time to reach me is ________________________________

What is the primary language of the mother?
(Vietnamese nurse and Spanish translator available.)
□ English □ Spanish □ Other __________

Referring agency _______________________
Agency contact _______________________
Phone number ________________________

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Oklahoma’s Nurse-Family Partnership

Wellness Now
Nurse-Family Partnership
Helping First-Time Parents Succeed

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Oklahoma’s Nurse-Family Partnership
What is Children First?

Children First is:

• A voluntary home visitation program;
• Available through your local health department; and
• Staffed by Public Health nurses; and
• A program shown to make a difference in pregnancy and birth outcomes; such as, birth weights and length of pregnancy.

Who can enroll?

Enrollment is open to women:

• Less than 29 weeks pregnant;
• Expecting their first child; and
• Who meet income eligibility criteria.

How often can visits occur?

Your home visits:

• Can be during pregnancy and continue until your child is 2 years old;
• Can be scheduled every other week during pregnancy, infancy and toddler period;
• Can be scheduled weekly during the 6 week period after your baby’s birth; or
• Can be tailored to meet your needs.

What happens during a visit?

During pregnancy your nurse will:

• Help you find answers about what happens during pregnancy;
• Help you develop your plan for a healthy pregnancy;
• Answer your questions about labor and delivery;
• Answer your questions about how to care for your baby; and
• Help you find resources to meet your family’s needs.

After the birth of your baby your nurse will:

• Answer your questions about how and what to feed your baby;
• Help you understand your child’s growth and development;
• Provide brief health assessments of the baby;
• Answer your questions about parenting;
• Answer questions about your child’s health and safety; and
• Help you find resources to meet your family’s needs.

*Services are not intended to replace services provided by your or your baby’s healthcare provider.

“The Children First Program was a lifeline for me.”
- Former Client