The guidance will protect individuals attending and working at these venues and prevent the spread of COVID-19 in the community.

**Restaurants/Cafeterias:**

- Restaurants should be closed for in-restaurant seated dining and should be open only to drive-through or other pick-up/delivery options.
- Remind employees of best hygiene practices including washing their hands often with soap and water for at least 20 seconds.
- Increase frequency of cleaning and sanitizing per [CDC Environmental Cleaning and Disinfection guidance](https://www.cdc.gov) of all hard surfaces, including tables and counter tops that are being utilized by employees and patrons during pickup/delivery options.

**Grocery Stores and Charitable Food Distribution Sites**

- The food distribution chain is critical to the public's health.
- Grocery stores and charitable food distribution sites should remain fully open and operational.
- As with other settings, ensure that social distancing of six feet per person for nonfamily members is maintained and make clear that family members can participate in activities together, stand in line together, etc.
- Social distancing of six feet per person, particularly between individuals who have come together on a one-time or rare basis.
- Limiting the number of customers at any given time as necessary to reduce outdoor/indoor crowding and lines to meet social distancing guidance.
- Increase cleaning and sanitizing frequency of restroom and other high contact areas.
- Train employees on best hygiene practices including washing their hands often with soap and water for at least 20 seconds.
- Additional opportunities throughout the venue for persons to reduce the spread of the virus through hand washing or sanitizing stations.
- Eliminate events/marketing that target individuals that CDPH has [identified as higher risk of serious illness for COVID-19](https://www.cdph.ca.gov).  
- Stores that have online ordering with outside pick-up or delivery options should encourage use of these when possible in lieu of indoor shopping.
Food Trucks:

- Increase frequency of cleaning of menus, cash registers, receipt trays, condiment holders, writing instruments and other non-food contact surfaces frequently touched by patrons and employees.
- Ensure that social distancing of six feet per person for non-family members is maintained and make clear that family members can participate together, stand in line together, etc.
- Limiting the number of people in lines.
- Increase frequency of cleaning and sanitizing per CDC Environmental Cleaning and Disinfection guidance of all hard surfaces.
- Remind employees of best hygiene practices including washing their hands often with soap and water for at least 20 seconds.

How Can People Protect Themselves
Every person has a role to play. Protecting yourself and your family comes down to common sense:

- Washing hands with soap and water for a minimum of 20 seconds.
- Avoiding touching eyes, nose or mouth with unwashed hands.
- Cover a cough or sneeze with your sleeve, or disposable tissue. Wash your hands afterward.
- Avoiding close contact with people who are sick.
- Staying away from work, school or other people if you become sick with respiratory symptoms like fever and cough.
- Practice social distancing.
- Following guidance from public health officials.

What to Do if You Think You're Sick:
Call ahead: If you are experiencing symptoms of COVID-19 and may have had contact with a person with COVID-19, or recently traveled to countries with apparent community spread, call your health care provider before seeking medical care so that appropriate precautions can be taken.