



WELLNESS NOW

For Release: April 30th, 2015 – Contact us at media@occhd.org 405-417-1634

OKC-COUNTY HEALTH PRESENTS THE SIXTH ANNUAL HEALTH AT WORK CONFERENCE

The Oklahoma City-County Health Department’s Wellness Now presents the Sixth Annual Health at Work Conference on Wednesday, May 13th at the Reed Conference Center in Midwest City. The hours are from 8:00 a.m. to 4:30 p.m.

The keynote speaker is Ryan Picarella, President of the Wellness Council of America. His morning presentation is “Building High Performing Organizations Through Healthy Employees” and he will close our day with an inspirational presentation on “It All Starts With A Dream”.

During the Health at Work Conference, we give you the building blocks on how to start a program, building a solid wellness committee, engaging leadership in wellness and exploring participation, outcomes and incentives. We also will help you with policy writing, the importance of health coaching, addressing chronic disease in the workplace and completing the benefits puzzle with Wellbeing.

Registration packets are at www.occhd.org/healthatwork. The registration fee is \$50 per attendee.

Oklahoma City-County Health Department – 2600 NE 63rd Street, Oklahoma City, 73111
www.occhd.org

