Infection Control Guidelines
PREVENT: Influenza Transmission

Post
Signage instructing patients and persons who accompany them to inform healthcare personnel if they have symptoms of respiratory infection.

Provide
Tissues, trash cans, alcohol-based hand rubs, handwashing supplies where sinks are located and surgical masks for persons who are coughing.

Separate
Coughing persons from non-coughing persons in common areas.

Educate
Educate patients and persons to “cover their cough”, dispose of used tissues, wear a mask while in healthcare facility if coughing, and decontaminate hands after coughing or using tissues.

Wear
Gloves when touching respiratory secretions and surgical masks when within 3 feet of a coughing person.

Decontaminate Hands
Use soap and water if visibly contaminated. Use alcohol-based hand gel if no visible contamination is present.
Decontaminate environment
Wipe down frequently touched areas with routine
environmental cleaner more often when coughing persons
have been in the area.

Exclude
Healthcare personnel with symptoms of respiratory
infection from work for the duration of illness.

Remember: protect yourself. Protect your patients.
Protect your co-workers.

For further information, contact the
Oklahoma City-County Health Department
(405) 425-4437

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