



**WELLNESS NOW**

**For Release:** October 5th, 2016 – Contact us at [media@occhd.org](mailto:media@occhd.org) or call 405-417-1634

## **Oklahoma City-County Health Department Clinics Offer Flu Vaccinations**

With flu season just around the corner, the Oklahoma City-County Health Department (OCCHD) clinics will begin offering flu vaccine on Tuesday, October 11, 2016.

Flu vaccination is recommended each year for everyone six months of age and older. When more people are vaccinated against the flu, there is less opportunity for flu to spread in families, schools and communities.

The flu vaccine has several benefits. It not only protects pregnant women, but also protects their babies for up to 6 months. Since influenza is more likely to cause severe illness in pregnant women and newborns this protection is important. Flu vaccination is safe during pregnancy, after delivery, and for breastfeeding women.

“Flu vaccination can reduce the risk of flu-associated hospitalization among children and older adults,” says OCCHD’s Clinical Services Administrator Tiffany Elmore.

The cost is \$25.00 and we accept Blue Cross Blue Shield and Health Choice insurances. Please be sure to bring your insurance card and photo ID. Services for the flu vaccine are on a walk-in basis.

It takes about two weeks after vaccination for protection to set in so start thinking about getting vaccinated now!

We will not be offering the flu mist as it is no longer recommended by the CDC. For more information call 405-419-4200 or go to <https://www.occhd.org/eng/health-services/seasonal-flu>

Oklahoma City-County Health Department – 2600 NE 63rd Street, Oklahoma City, 73111  
[www.occhd.org](http://www.occhd.org)





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## Locations

**Gary Cox Partner Building, 2700 NE 63rd, OKC (405-419-4200)**

Monday through Thursday from 8am to 4pm and Friday from 8am to 12pm.

**OCCHD South Regional Health and Wellness Campus, 2149 SW 59th, Suite 104, OKC (405-419-4119)**

Monday through Thursday from 8am to 4pm and Friday from 8am to 12pm.

**OCCHD West, 4330 NW 10th Street, OKC (405-419-4150)**

Monday through Thursday from 8am to 4pm and Friday from 8am to 12pm.

We are CLOSED on Monday, October 10, 2016 in observance of Columbus Day.

