1. Stay home
2. Monitor your symptoms
3. Wear a face mask
4. Wash your hands often
5. Avoid close contact
6. Cover your cough
7. Clean all surfaces
8. Avoid touching your face
9. Avoid sharing personal items
10. Clean and disinfect home

For more information:
www.cdc.gov/covid19-symptoms
For medical emergencies, call 911 and notify the dispatch personnel.

For information on COVID-19 symptoms, please go to www.cdc.gov/covid19-symptoms.

COVID-19:
1. Nonprescription ibuprofen or acetaminophen. Do not give children acetaminophen.
2. Rest as needed.
3. Drink plenty of fluids.
4. Keep up with other activities as tolerated.
5. Keep up with other medications.
6. Call your healthcare provider if you have or may have COVID-19.
7. Call your healthcare provider ahead of time and tell them that you have or may have COVID-19.
8. If you have a medical appointment, call the healthcare provider's office and say that you are sick.
9. If you need to call 911 and need emergency care, stay away from other public health at home.
10. Clean all surfaces touched often, like counters, doorknobs, and away from other public health.