



West Nile Virus Fact Sheet

The 4 D's

Drain standing water on your property so mosquitoes won't breed.

Use insect repellent that contains **DEET**.

Stay indoors at **dusk and dawn** when mosquitoes are most prevalent.

Dress in long sleeves and pants and spray insect repellent on the clothes.

Follow this checklist to reduce mosquitoes near you:

- Dispose of tin cans, old tires, bottles, jars, buckets, drums, ceramic pots and other containers, or make sure they contain no standing water.
- Clean clogged gutters and/or slope to downspouts.
- Drain improperly installed and sagging swimming pool covers.
- Change the water in birdbaths at least twice weekly.
- Clean and chlorinate swimming pools, outdoor spas, saunas and hot tubs. If not in use, keep them empty and covered.
- Change water and scrub containers/vases holding outdoor plants twice weekly.
- Empty your pet's water pan daily.
- Repair leaky pipes and faucets.

For further information, contact the Oklahoma City-County Health Department, Consumer Protection (405) 425-4347, (405) 425-4348, or (405) 425-4319

Learn more at <http://www.occhd.org/fightthebite>

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- Screen or cover rain barrels and openings to water tanks.
- Eliminate weeds, tall grass and other mosquito breeding places.
- Use larvicide where standing water cannot be removed.
- Stock ornamental ponds with mosquito-eating fish.
- Remind neighbors to eliminate breeding sites on their property.
- Make sure doors and windows have tight-fitting screens in good repair.

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