25 Ways to Participate

1. Say a special prayer for families who have lost an infant
2. Have a moment of silence to remember all infants that have died
3. Release balloons in remembrance of all infants that have died
4. Provide an information table with resources for grief and bereavement
5. Create a memorial garden for members who have experienced the loss of an infant
6. Collect diapers/shoes/other baby items to donate to an organization
7. Take up a collection to help with flowers/cards/etc. for grieving families
8. Display signs or posters with information about infant mortality
9. Light candles in remembrance of those who have lost an infant
10. Sing a special song to acknowledge those who have lost an infant
11. Recite a poem dedicated to families that have experienced an infant loss
12. Offer pink/blue ribbons for families to wear to acknowledge their infant loss
13. List or read the names of infant that have died within your church
14. Develop a message or sermon to support families that have experienced an infant loss
15. Educate your congregation on infant safety
16. Place a special dedication in your church bulletin for families that have lost an infant
17. Create a memorial board with the names of infants that have died within your church
18. Acknowledge loss by sending a card to the family that has lost an infant
19. Create special remembrance days for families that have lost an infant
20. Encourage parents to bring remembrance items to put on display at church
21. Host a panel with parents who have experienced the loss of an infant
22. Provide bereavement packets to families that experience the loss of an infant
23. Encourage grieving parents to write a letter to their baby
24. Provide materials for grieving parents to create a memory box for their baby
25. Create a support group/person to aid grieving families