



## **Infection Control Guidelines**

### **PREVENT: Influenza Transmission**

#### **Post**

Signage instructing patients and persons who accompany them to inform healthcare personnel if they have symptoms of respiratory infection.

#### **Provide**

Tissues, trash cans, alcohol-based hand rubs, handwashing supplies where sinks are located and surgical masks for persons who are coughing

#### **Separate**

Coughing persons from non-coughing persons in common areas

#### **Educate**

Educate patients and persons to “cover their cough”, dispose of used tissues, wear a mask while in healthcare facility if coughing, and decontaminate hands after coughing or using tissues

#### **Wear**

Gloves when touching respiratory secretions and surgical masks when within 3 feet of a coughing person

#### **Decontaminate Hands**

Use soap and water if visibly contaminated. Use alcohol-based hand gel if no visible contamination is present.

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### **Decontaminate environment**

Wipe down frequently touched areas with routine environmental cleaner more often when coughing persons have been in the area.

### **Exclude**

Healthcare personnel with symptoms of respiratory infection from work for the duration of illness.

**Remember:** protect yourself. Protect your patients.  
Protect your co-workers.

*For further information, contact the  
Oklahoma City-County Health Department  
(405) 425-4437*

Learn more at <http://www.occhd.org/health/flu>

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