



Instructions for Stool Specimen Collection Kit Package Insert

Important: Please read and follow instructions before starting

This collection kit will help you conveniently collect a stool sample for laboratory analysis.

1. The collection kit consists of one, two, or three different vials.
 - a. The vials may or may not have liquid in them.
 - b. Do not drink.
 - c. Keep out of reach of children and pets.
2. Collect the stool specimen in a wide mouth container, bedpan, or on a clean newspaper or plastic bag placed over the toilet seat opening. **DO NOT** pass the specimen into the toilet or directly into the collection vial. **DO NOT** mix urine or water with the sample.
3. Open the vial(s) carefully. Using the collection spoon attached to the cap, add enough specimen until the liquid reaches the **ARROW** on the label.
 - a. Fill only one vial at a time and replace the cap onto the same vial.
 - b. **DO NOT** mix caps.
 - c. If you are using an empty vial, fill one-half full with stool specimen.

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IMPORTANT:

Sample areas of the specimen which appear bloody, slimy, or watery.

If the stool is hard, sample from each end and the middle of the specimen.

4. Mix the contents of the vial with the collection spoon. Replace the cap tightly and shake the tube vigorously to mix. If an empty vial is used do not mix or shake.
5. Wash hands thoroughly.
6. Fill in the information on the vial label(s):
 - a. Patient name
 - b. Date and time specimen was collected
 - c. Specimen number is more than one specimen was collected (example No.1, No.2, No. 3)
 - d. Make sure the vial(s) are closed tightly.
7. Place the vial(s) in the original package and seal.

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8. Keep specimen refrigerated and return to OCCHD as soon as possible.

*For further information, contact the
Oklahoma City-County Health Department
(405) 425-4437*

revised 04/2013

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