



NEWS RELEASE

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Celebrating February with a Free Heart Health Dance *Get out of the house with music and heart healthy snacks*

Oklahoma City, Okla. – [Oklahoma City-County Health Department](http://www.occhd.org) (OCCHD) hosts a free Heart Health Dance for adults on Friday, February 9th from 7-10 p.m. at the Northeast Regional Health and Wellness Campus, 2600 NE 63rd. We will also have dance lessons for Tango and Rhumba.

Enjoy the music from Mr. Rock and Roll Ronnie Kaye that you grew up dancing to and great door prizes ranging from jewelry and restaurant gift cards. We'll have healthy snacks too.

We appreciate the support from Thrifty Pharmacy, Joe Cooper Auto Group, Mathis Brothers Furniture, Vito's Restaurant, Jude & Jody Furniture as well as Saturn Grill and B.C. Clark for the door prizes. Our goal is to help residents of Oklahoma County live healthier lives and have some fun doing it.

About Oklahoma City-County Health Department

Established in 1954, Oklahoma City-County Health Department (OCCHD) is committed to protecting health, promoting wellness and preventing disease to ensure a healthy future for the Oklahoma County-area community. OCCHD was one of the first public health departments in the nation to receive accreditation by the Public Health Accreditation Board. For more information, please visit www.occhd.org.

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