



# How can we help?

The Maternal and Child Health Outreach program offers support to families through referrals, resources and counseling services, including:

- Basic needs for families
- SoonerCare assistance
- Grief and bereavement
- Domestic violence
- Depression and anxiety
- Substance abuse
- Education
- Employment
- Housing
- Referrals for legal services
- Other community resources

**We serve families who:**

- are pregnant
- are parenting a child under the age of one
- have experienced a pregnancy or infant loss

**Contact:**  
Amy Steele-Woods, LMSW at (405) 419-4142  
or amy\_steele-woods@occhd.org

The Maternal and Child Health Outreach Project is funded in part through the Oklahoma State Health Department, Maternal and Child Health Services.



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