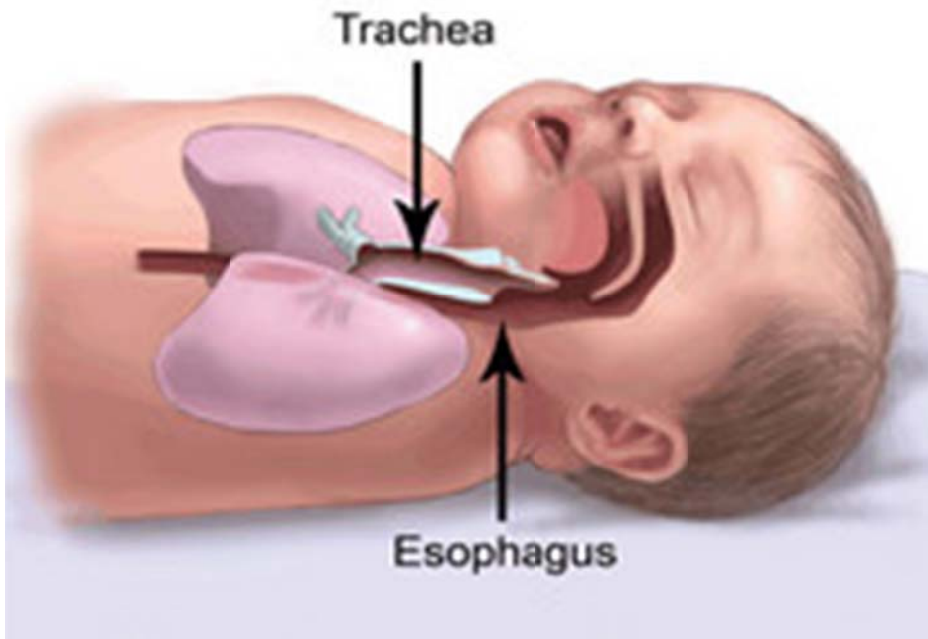


# Always put your baby to sleep on his/her **BACK**



## Back sleeping

- The tube the food goes down is below the windpipe.
- If baby spits, then the food will stay below therefore keeping the baby from choking.

## Stomach sleeping

- The tube that the food goes down is above the windpipe.
- If the baby spits up, the food can go into the windpipe and the baby could choke.



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[Occhd.org/community/fimr](http://Occhd.org/community/fimr)

